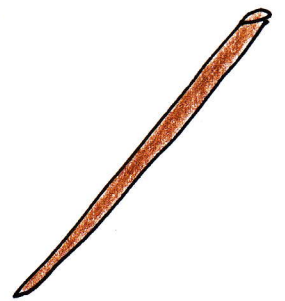
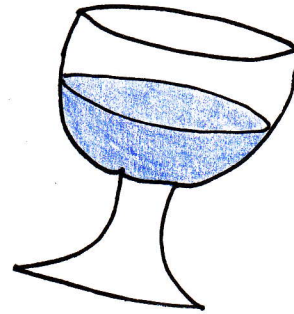
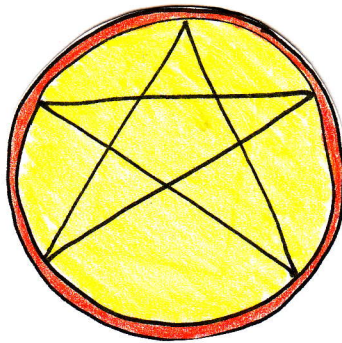
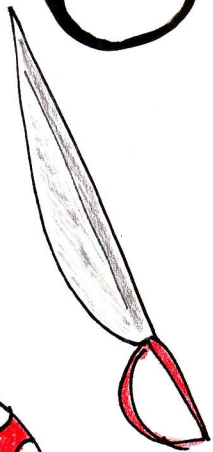
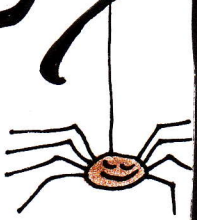
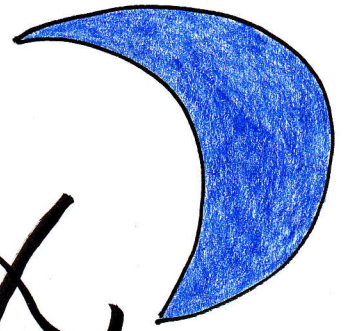
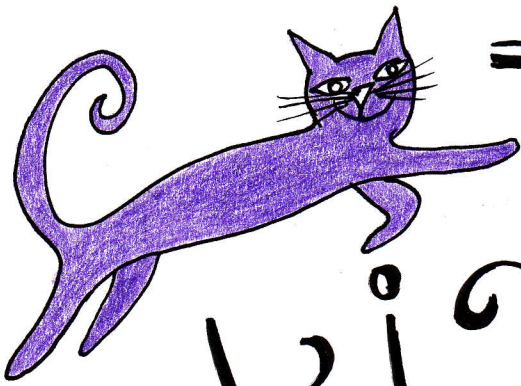


THE
Ultimate
TAROT
Journal



by
The Daily Tarot Girl

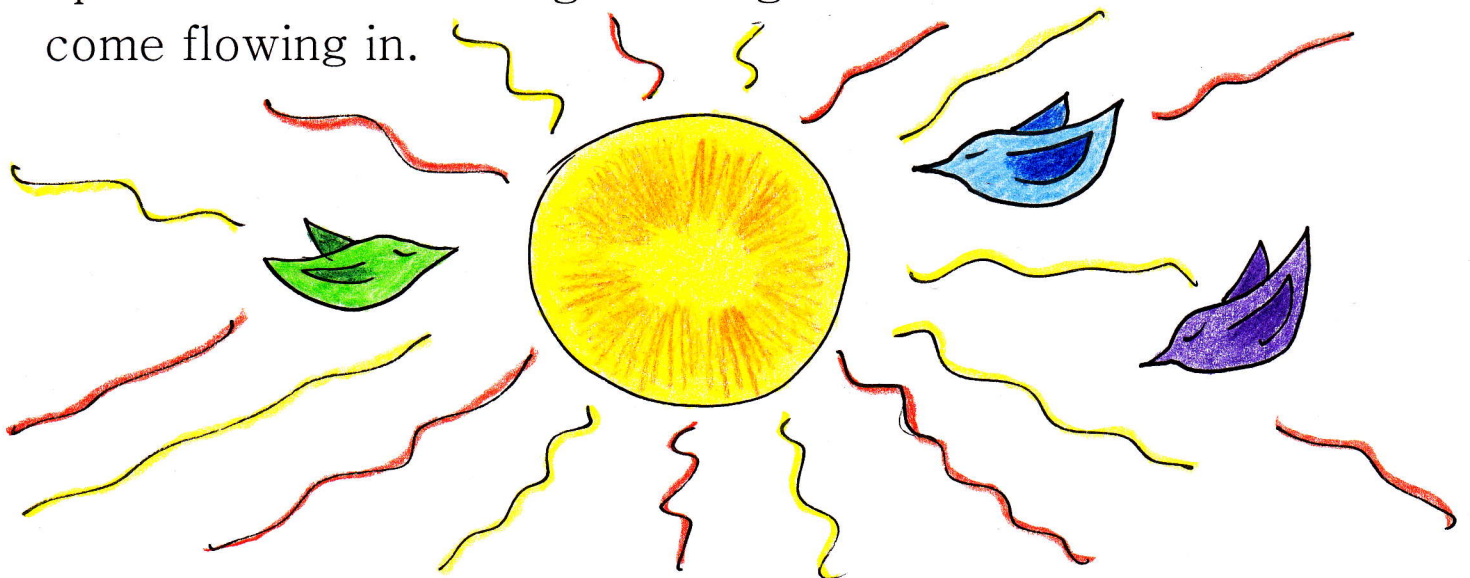
Welcome

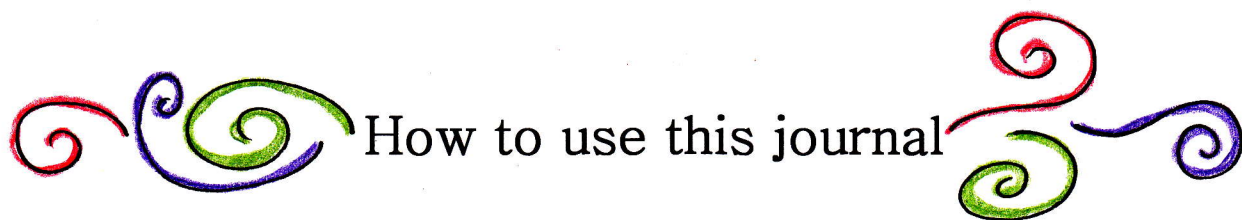


This is your *Ultimate Tarot Journal*! Get ready to have fun with your Tarot and Oracle cards, gain powerful insight into your life and make your dreams come alive!

This workbook was designed to help you integrate your Tarot cards into your spiritual growth, self exploration and goal setting, so that divine guidance and higher self connections can be easily accessed during the process of crafting your destiny.

These pages invite you to journal, contemplate, meditate and enjoy your sacred Tarot time. You are the author of your incredible life story and the captain of your ship! It is my wish that this journal/workbook inspires you and opens the door for magical insights and creative ideas to come flowing in.





How to use this journal

There is no right or wrong way to use this journal. I suggest browsing through it and starting with the pages that call to you. Although I have titled this book a “Tarot” journal, Oracle cards work beautifully as well. You may want to use Tarot cards for some pages and Oracle cards for others ~ it is entirely up to you!

Each page has a blank space representing the Tarot card. There are a variety of ways to use this space. You can simply write the name of your chosen card or if you are feeling artsy, you can draw your own rendition of the card in the blank space. You can write the card name at the top of the space and then jot down some keywords that come to mind in the area below or you could even paste in a magazine clipping of a picture that you feel represents the “essence” of your chosen card. Whatever you do, *have fun!*

Within *The Ultimate Tarot Journal* there are monthly Tarot worksheets, which consists of one Tarot reading worksheet for each month of the year. The idea is to sit down at the beginning of each month, craft your goals, draw a Tarot card for guidance and journal about it. But you could also do one big yearly forecast Tarot reading and draw a card for each month. Or you could do both!

Consciously chosen cards vs randomly chosen cards: Some pages ask you to consciously choose a card but most pages don't specify whether you should consciously or randomly select a card. Some pages work best with consciously chosen cards, while some work best with randomly chosen cards. You can experiment with doing both.

Happy Journalling... may you find treasures, surprises, pleasure and peace between these pages.

XOXO *Kate*

About Kate (aka "The Daily Tarot Girl")



I am an Intuitive Life Coach & Tarot Reader, who loves to write, dance and create art!

I run the popular site *daily-tarot-girl.com* ~ a haven for Tarot lovers featuring Tarot spreads, instructional videos and articles, deck reviews and a Tarot blog.

I am on a mission to help Tarot lovers all over the world connect and have fun with their cards and become amazing Tarot readers, whether they read for themselves or others.

It is my hope to inspire you to see your Tarot cards not just as a divination tool, but as a method for exploring your *self* and connecting to the Divine.

I believe that while we are the experts in our own lives, Tarot cards can be used to navigate the ups and downs of life, to get clarity on an issue, to gain inspiration on our life path and most importantly...to have fun!

Understanding ^{YOUR} Cards

If the card you get totally confuses you OR if you just want more insight, try this...

LOOK for:

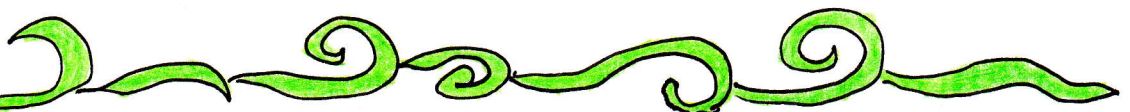
Color → What colors are most prominent? What do these colors mean to you? How do they make you feel?

Symbols → What is your attention drawn to on the card? What does it mean to you? What does it remind you of?

Action → What is going on in the card? Is it a card of action, communication, serenity, connection or struggle? What story does it tell?

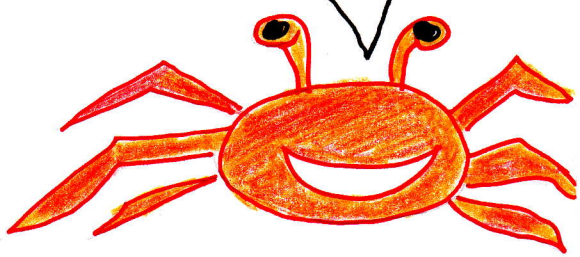
Number → What number is on the card? What does this number mean to you? Look up the numerology meaning.


Characters → If you could have a chit-chat with the people on the card, what would they say? Let your imagination run wild!





Connect with your Tarot deck!

Hold your deck & ask these questions. Pull one card for each question:



 What kind of deck are you?

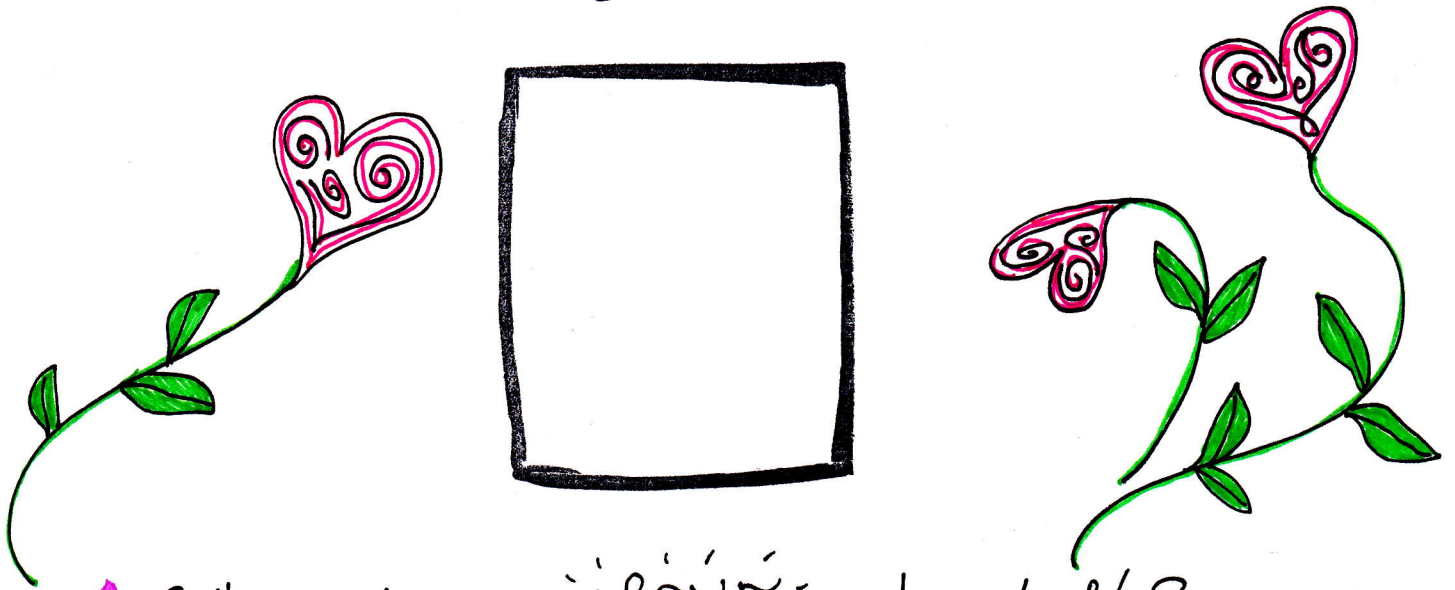
 How can you best help me?

 What will our relationship be like?

 How can I be a better ^{Tarot} reader?



Choose your favorite Tarot Card...



★ What do you **LOVE** about it?

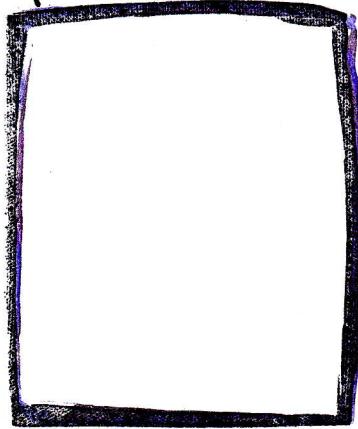
♥ How does this card make you feel?

★ How can you have more of this
in your life?



Choose A Card that drives you CRAZY!

What bothers you most about this card?



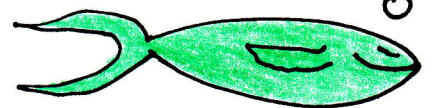
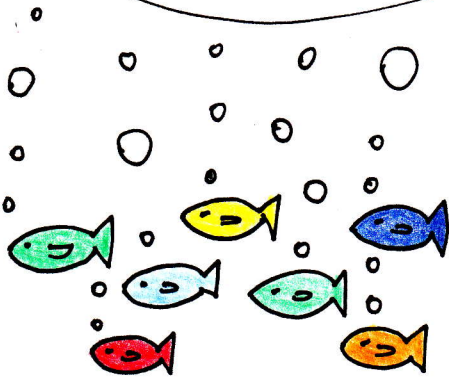
Does the figure in this card represent someone in your life?



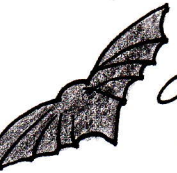
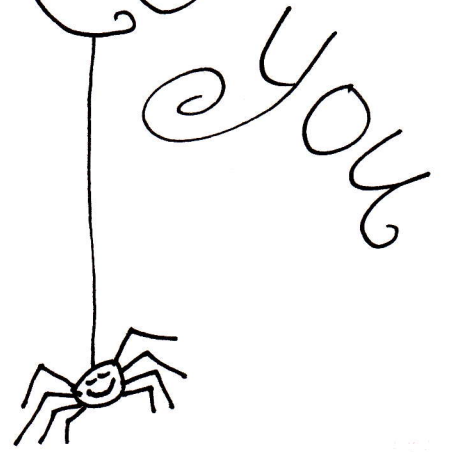
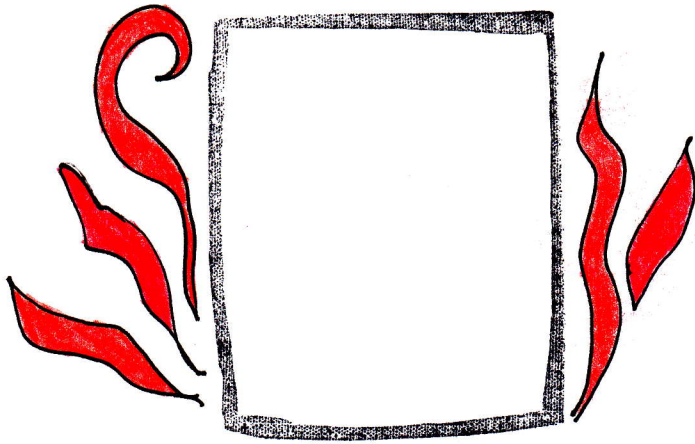
Does this card represent a Major or minor in "wound" in your life?

What part of YOURSELF do you see in this card?

How can you begin healing this "wound"?



What card SCARES you
THE MOST?



What is so scary about it?

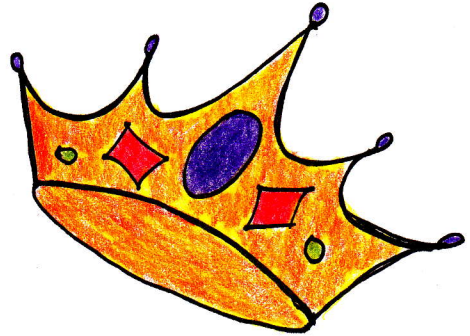
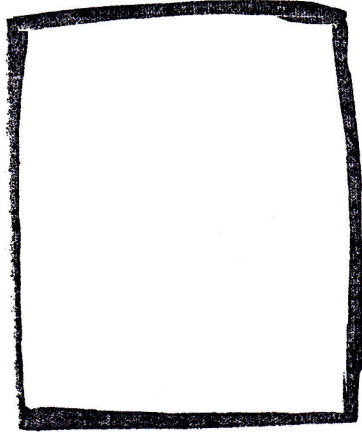
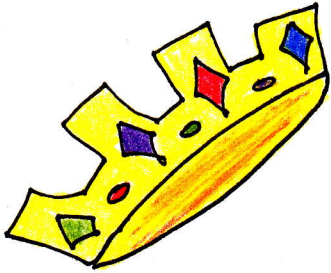


This card has a positive message for you!
It is . . .



The Court Card

I relate to most closely is...



How am I similar to this character?

A large, empty, rounded rectangular box for writing an answer to the question above.

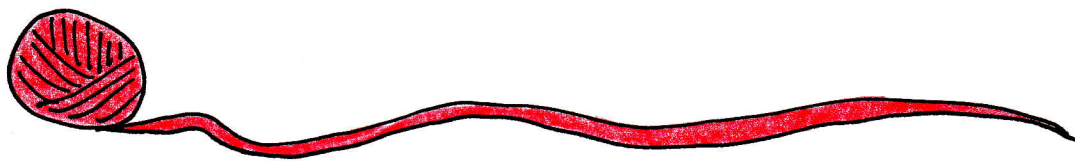
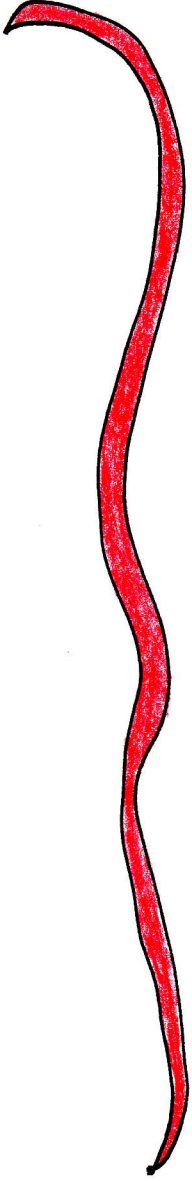
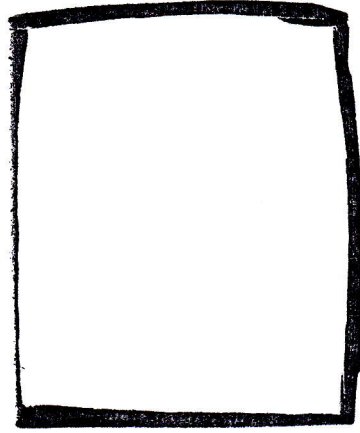
What character strengths of this card would I like to tap into right now?

A large, empty, rounded rectangular box for writing an answer to the question above.

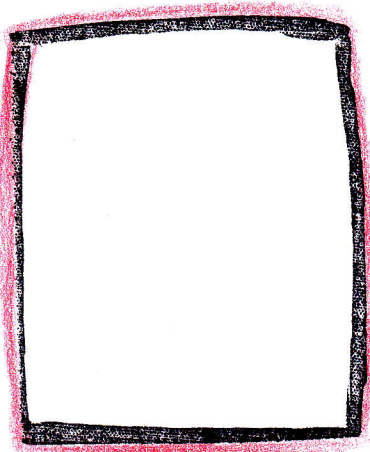
I will do this by...

A large, empty, rounded rectangular box for writing an answer to the question above.

The card I need
to Meditate on right now is...



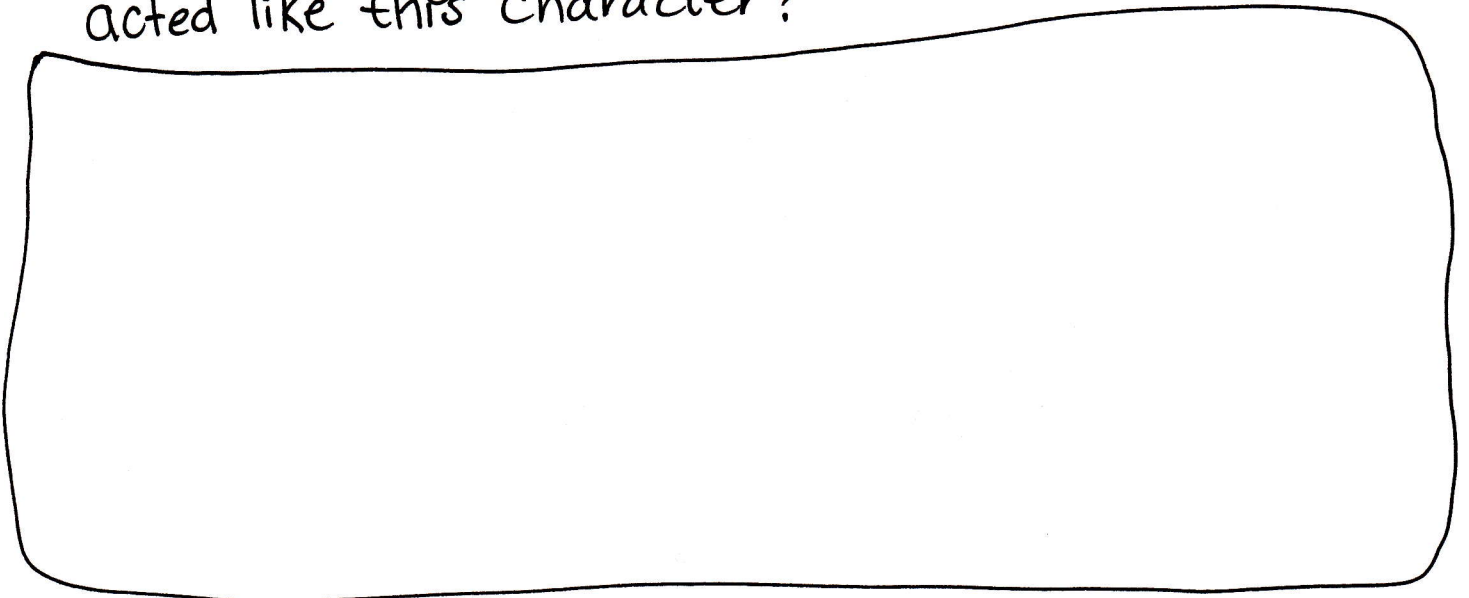
Who do you you WANT to be in the Tarot?



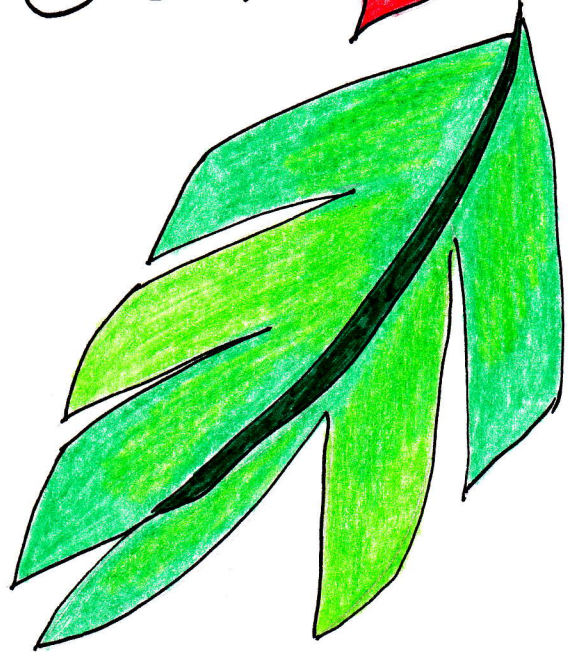
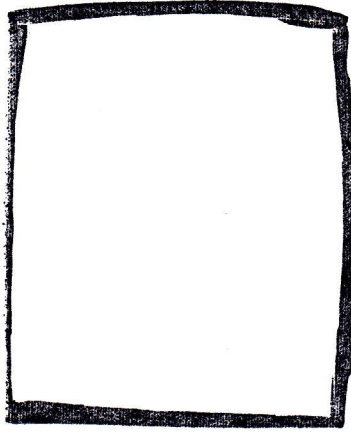
♥ How are you similar to this character?

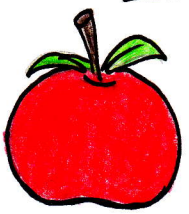
♥ How are you different?

♥ How would your life be different if you acted like this character?

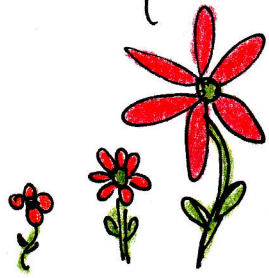


A Message from My Higher Self

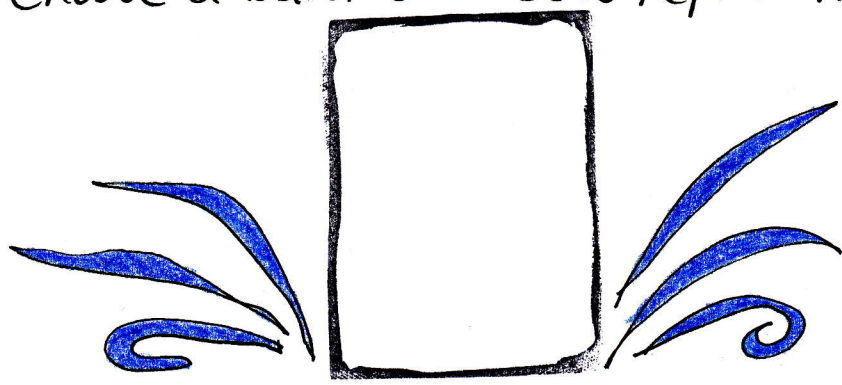




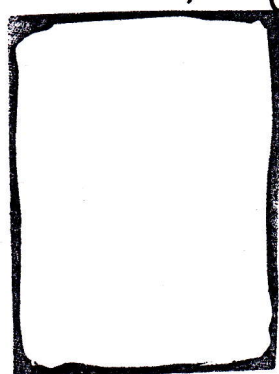
What do I want to
CREATE
This Year?



Now, choose a Card that best represents this!



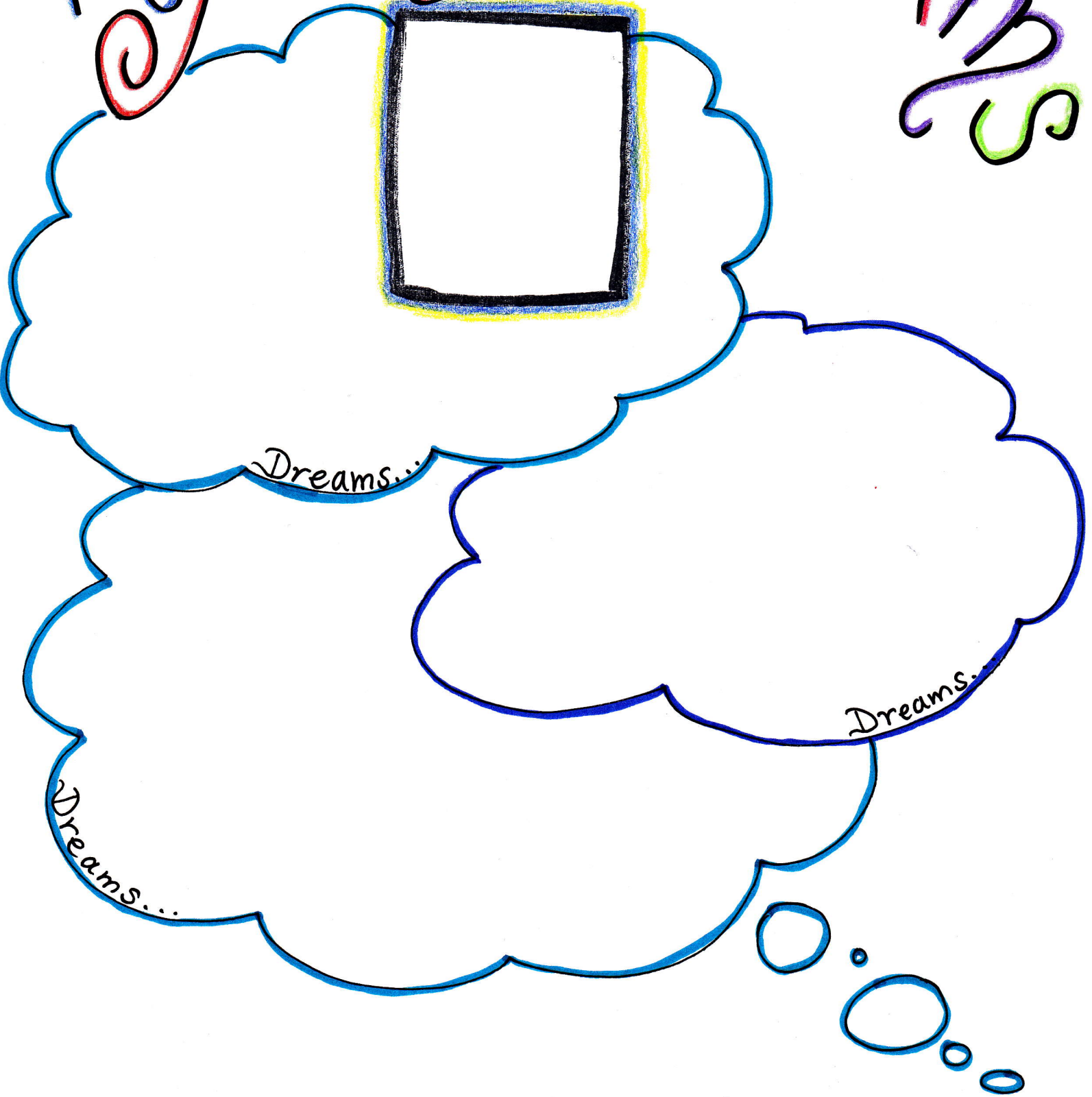
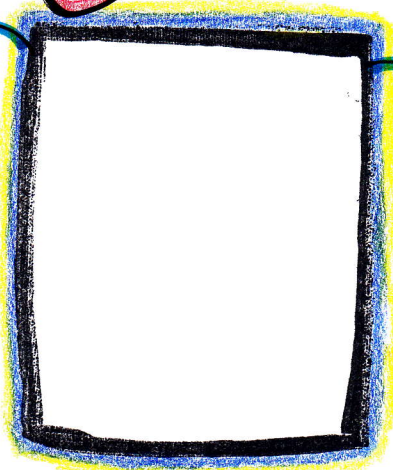
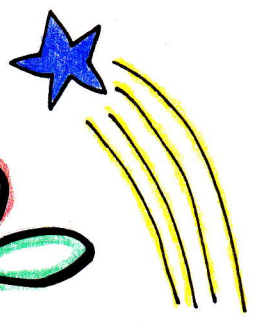
What / who will help me create this?



Affirmation: "This year I am Creating..."

)

My Big Dreams

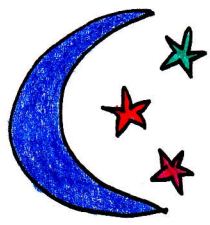


Dreams...

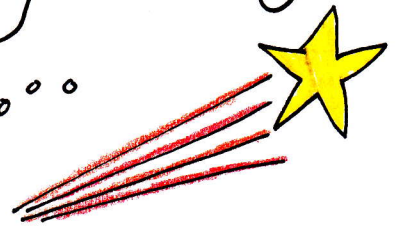
Dreams...

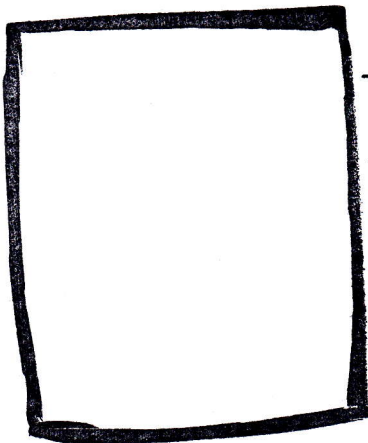
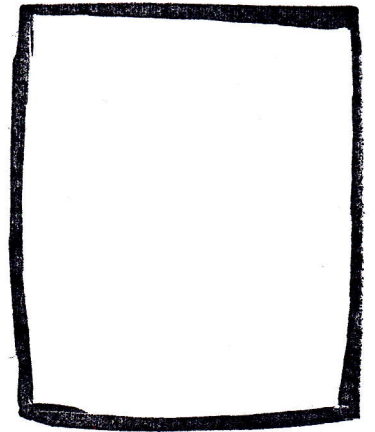
Dreams...

Make it Happen!

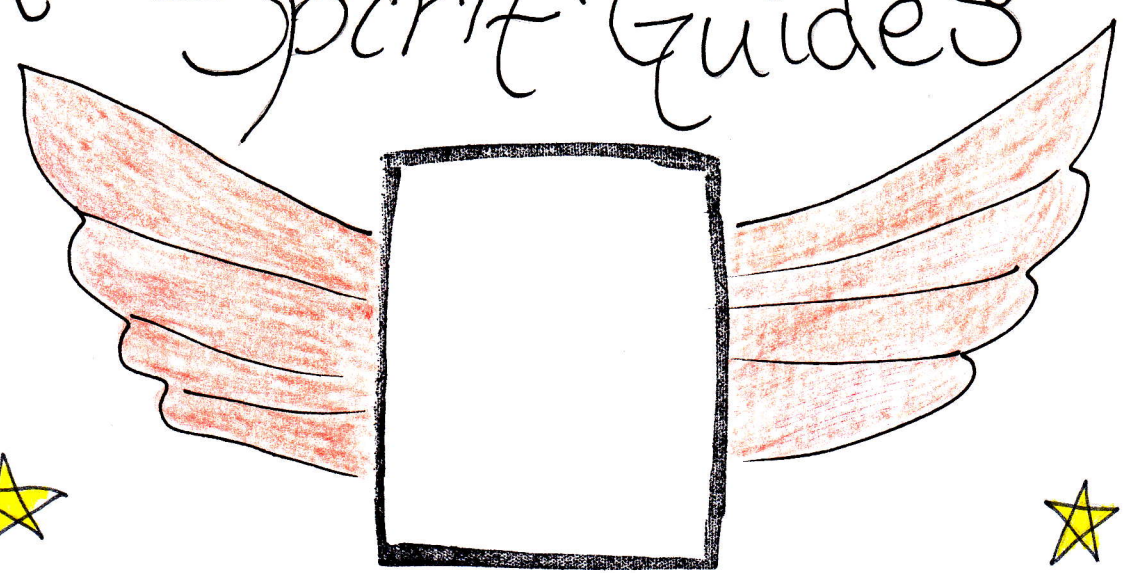


Steps to make
your dreams come true...

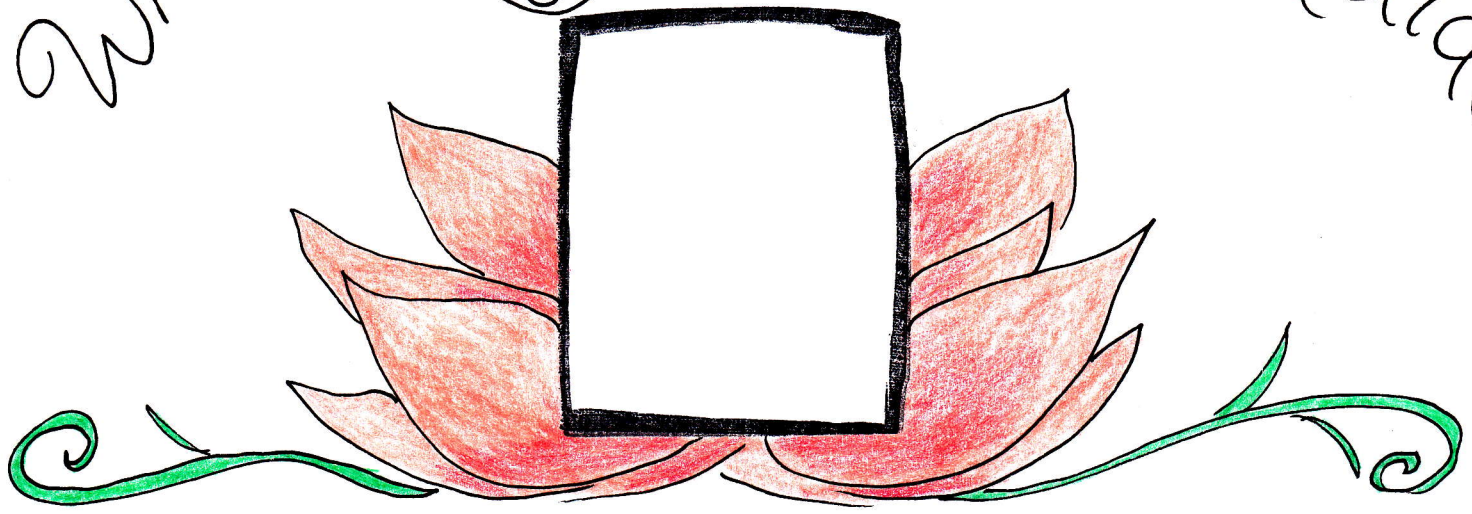




The Best Way to
My Angels
Spirit Guides
Connect
With

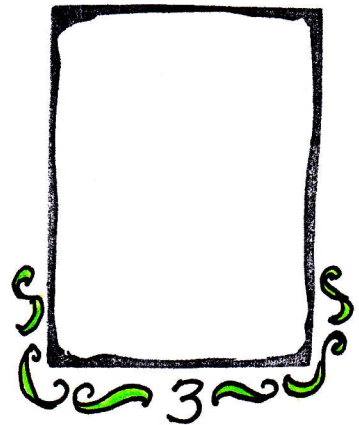
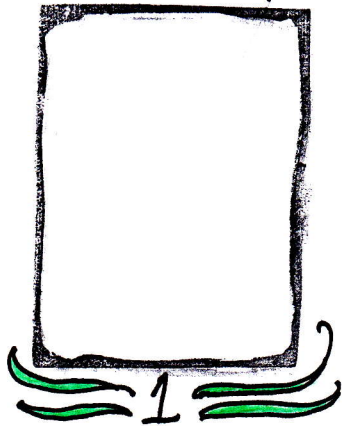
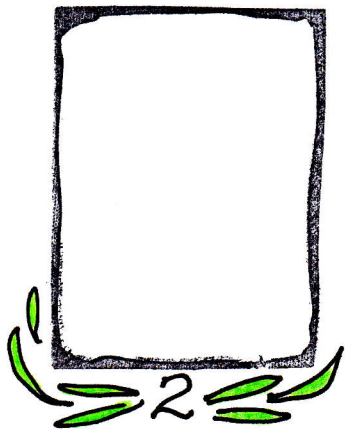


What may Angels & Spirit Guides
Want me to know
Right NOW!



Hand-drawn horizontal lines for writing.

Life Purpose

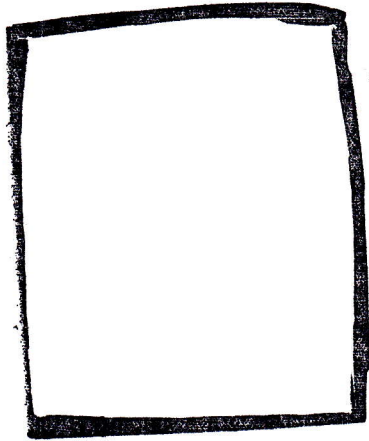
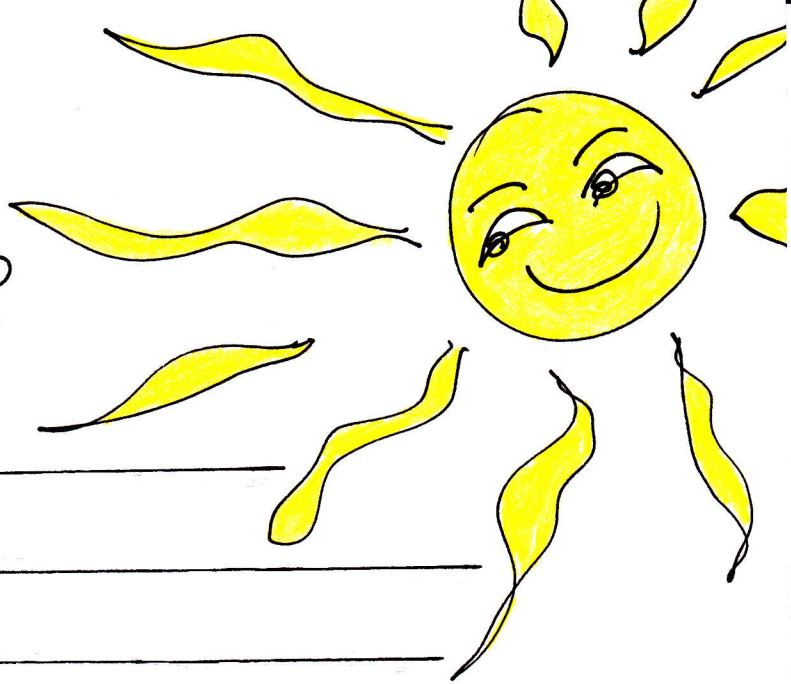


1. What is my "mission" in this life?

2. Challenges I may face:

3. What will help me in this "mission"?

Growth:
How can I
grow, evolve & open?



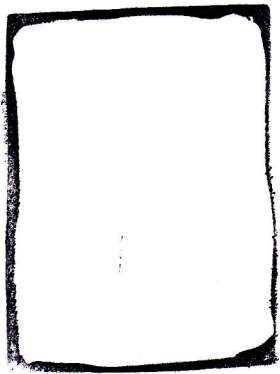
What I need to do more of:

What I need to do less of:

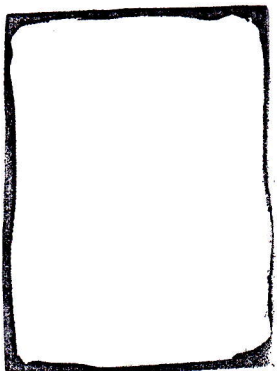
What "action" is going on in this card?
& what does this action symbolize?



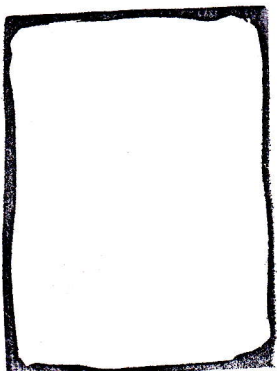
My Greatest Strengths



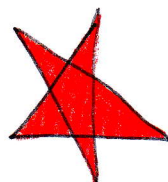
Four horizontal lines for writing.



Four horizontal lines for writing.

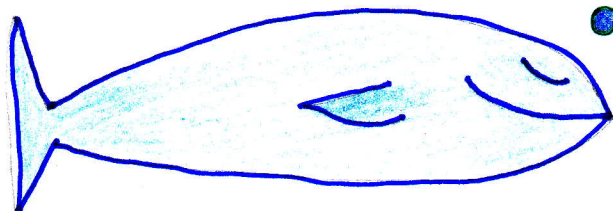
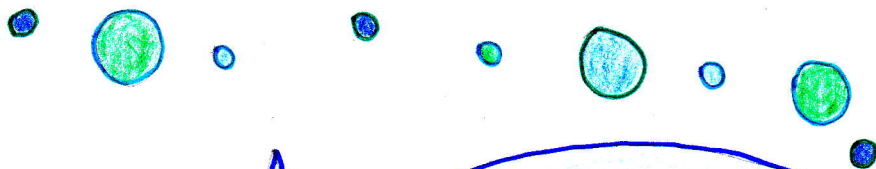
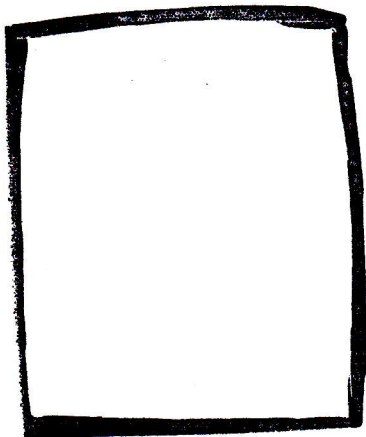
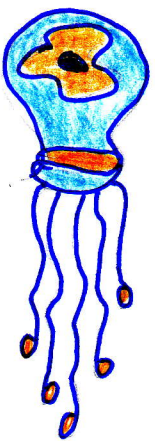
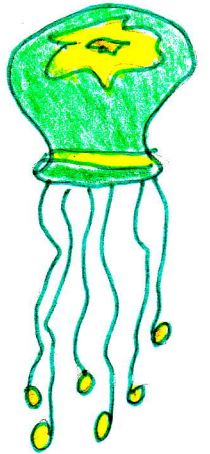


Four horizontal lines for writing.



What is My Deepest Desire?

(What do I REALLY want?)



How Can I Unleash

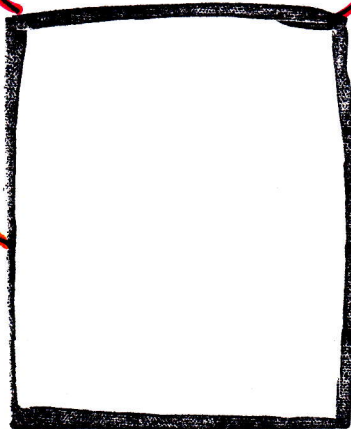
my Wild Creativity

How

Notes:

Actions:

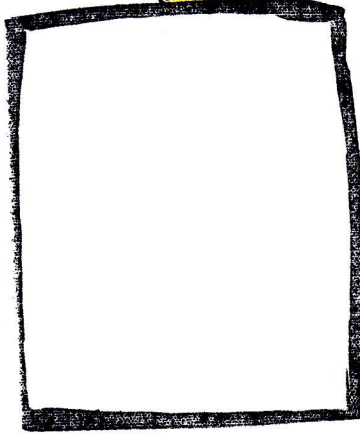
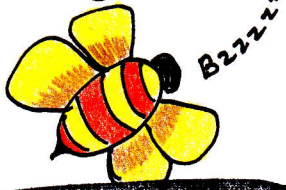
Insights & Ideas:



Goals & Dreams:

Affirmations:

How Can I Attract What I Want?



Thoughts: _____

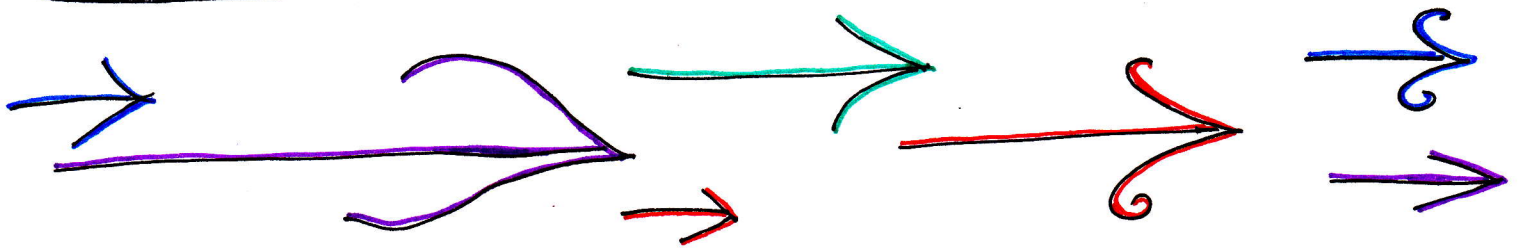
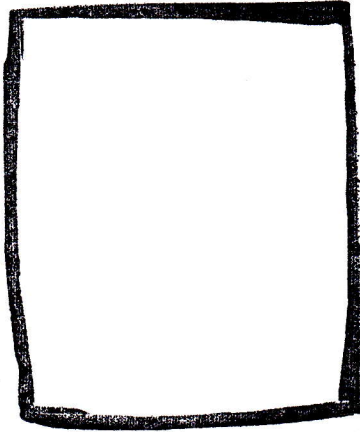
Actions: _____

Feelings: _____

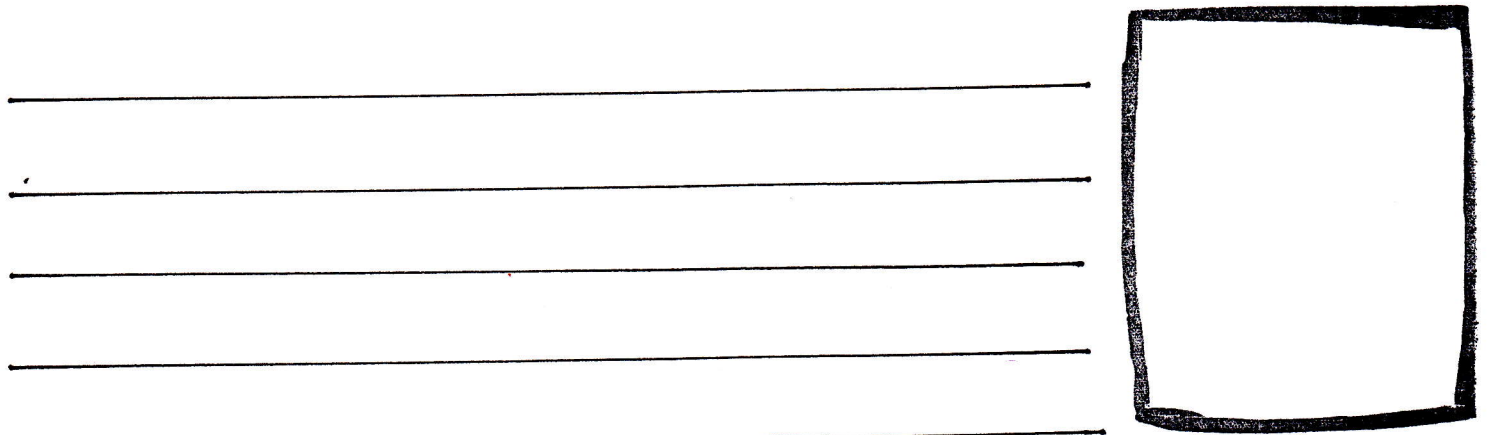
What I want to attract...



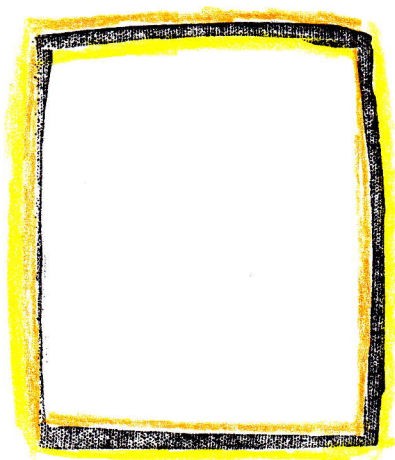
What is blocking me?



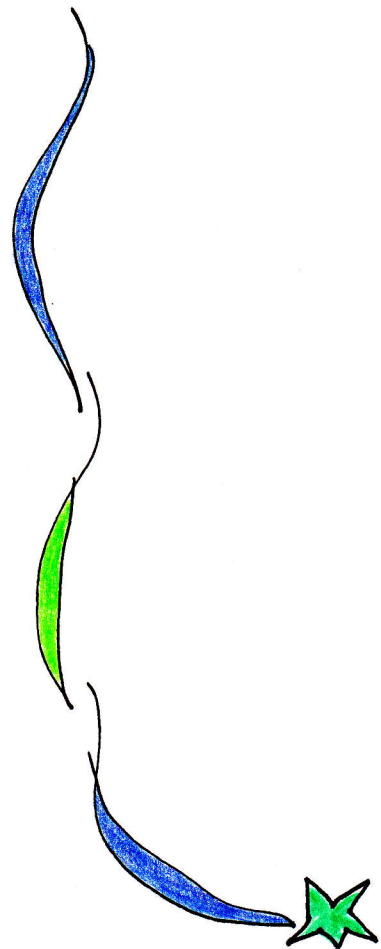
How can I dissolve this block?



How can I create more
MAGIC
in my life?

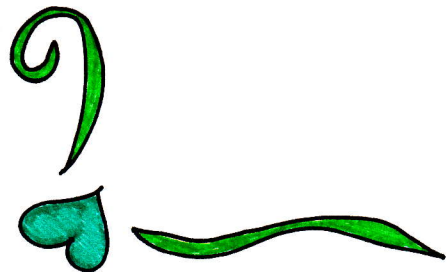
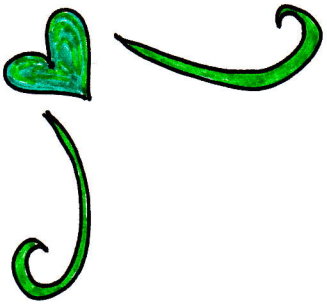
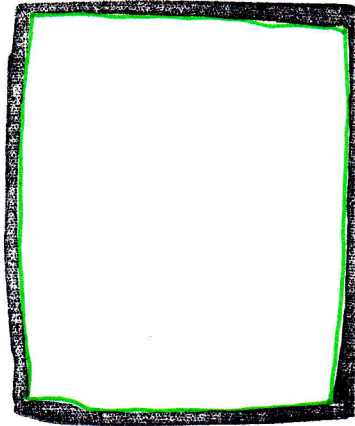


Action Steps:

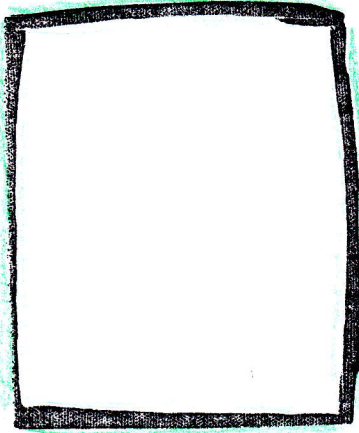


Gratitude

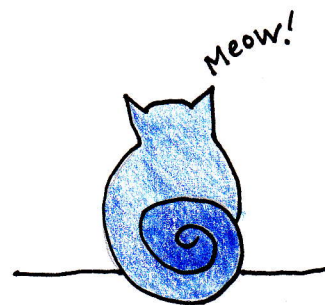
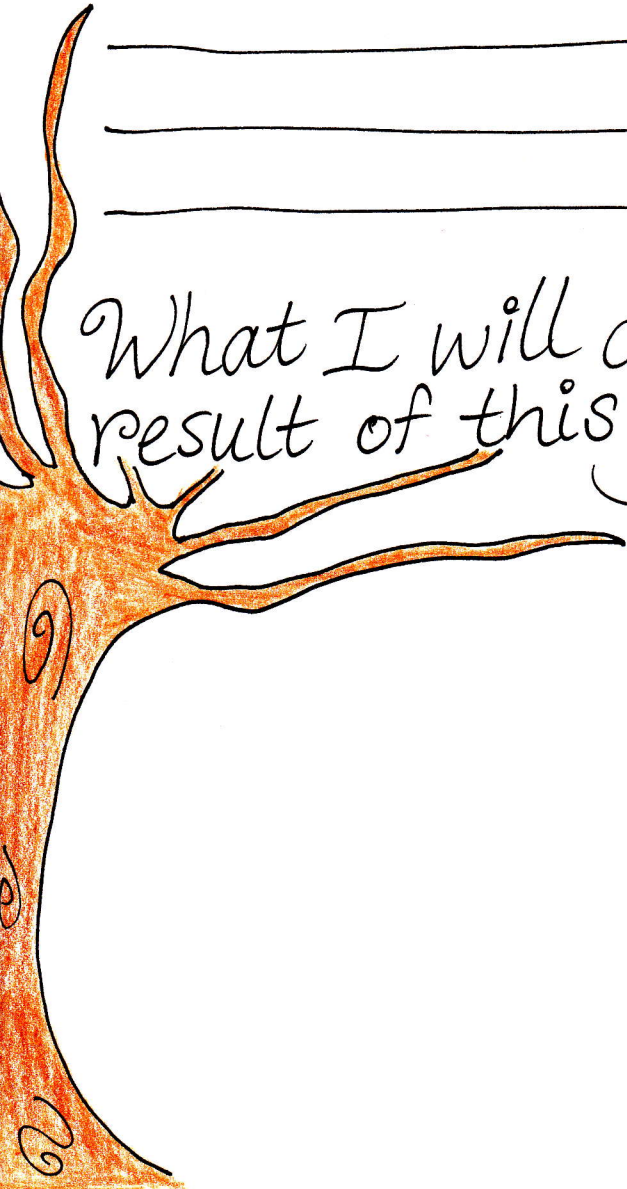
Choose a card
that represents something
you are grateful for...



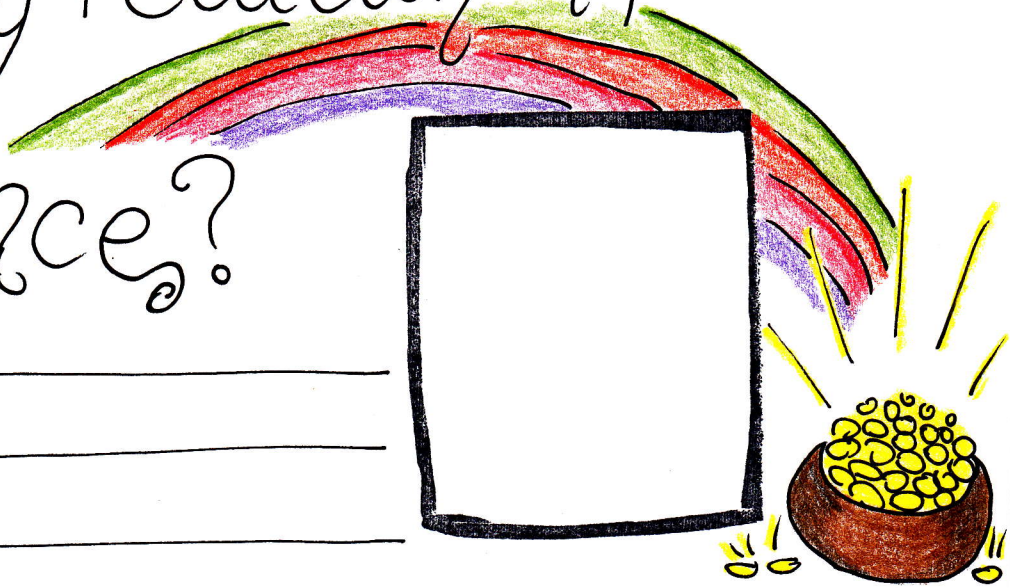
To enhance my psychic gifts, I just need to understand . . .



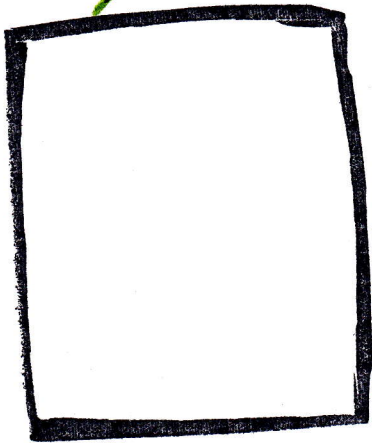
What I will do differently as a result of this guidance?



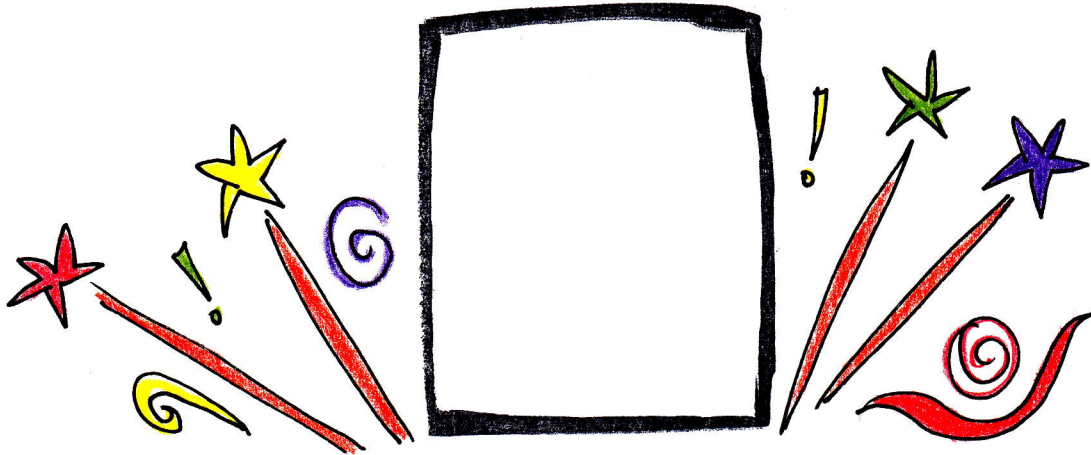
What is my relationship to
Abundance?



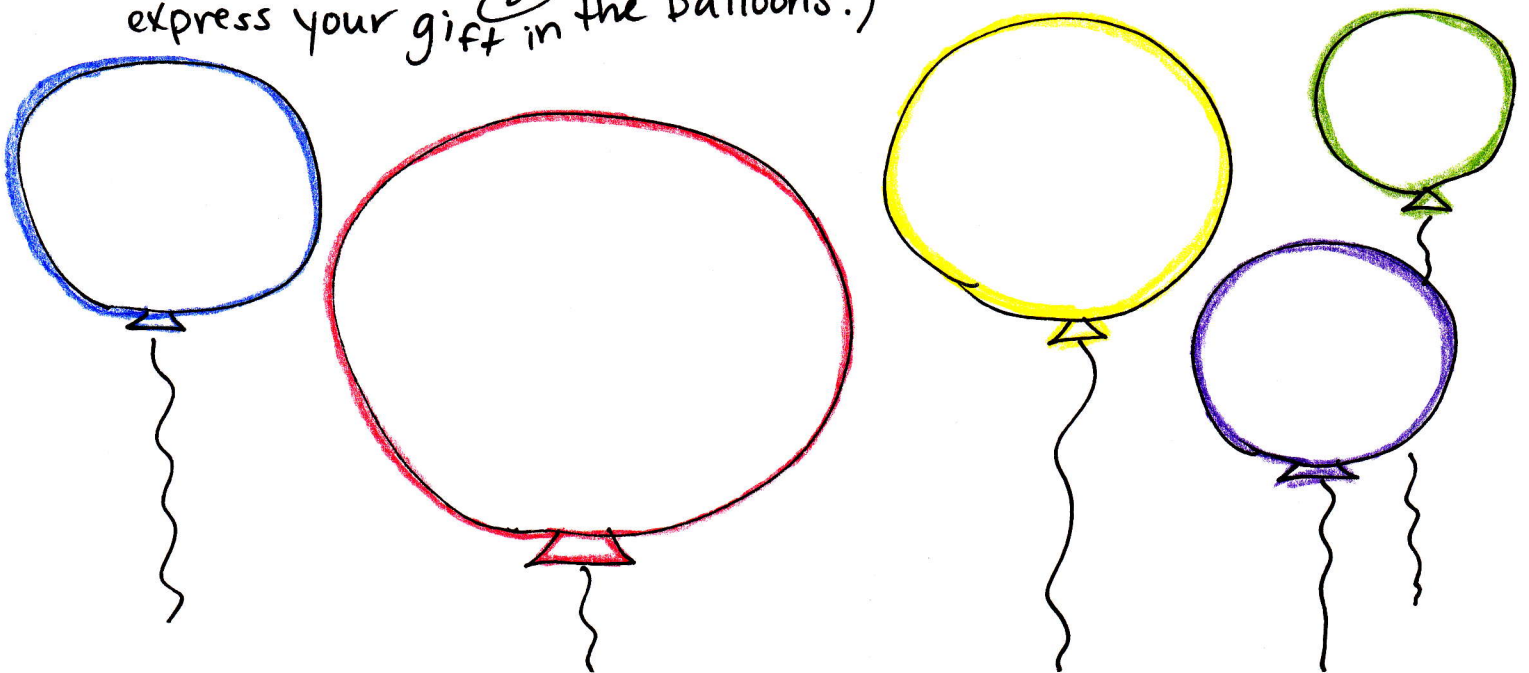
How can I nurture & improve
this relationship?



My Special Gift
is...

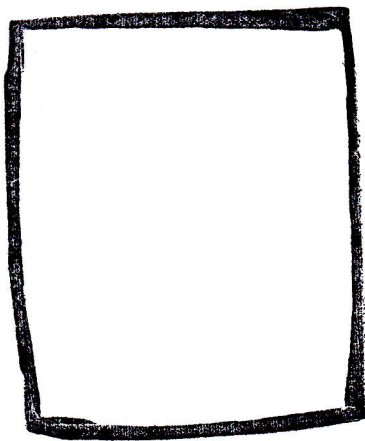


I can share this gift in many
different ways (write all the various ways you intend to
express your gift in the balloons!)



Release

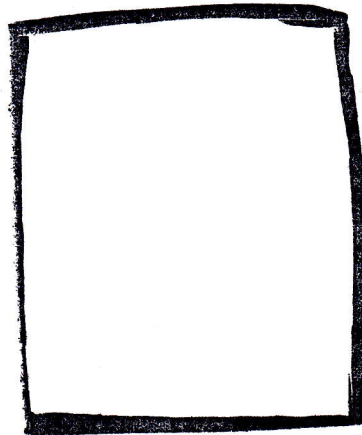
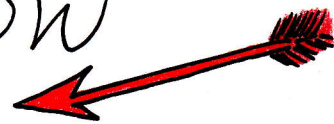
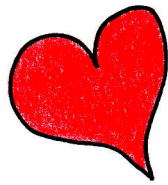
I am ready to
let go of.....



Write the things you want to release in the raindrops



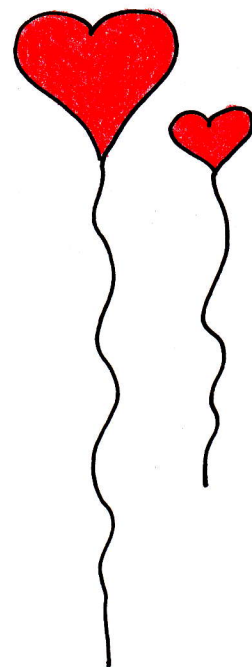
What I Need to Know About my Love Life:



This card is saying: " _____



Now that I have seen this card, how will I approach my love life differently?



What I Need to Know About Health & Vitality

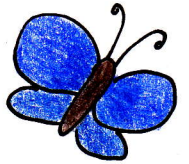
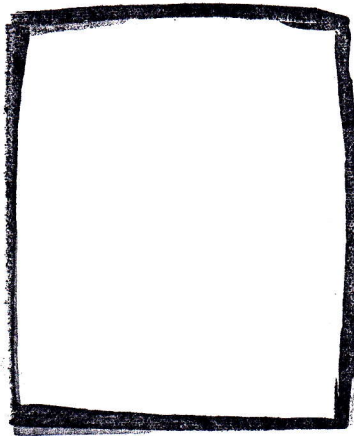
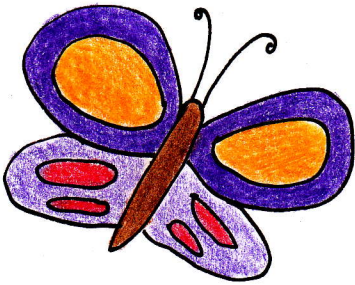


How does this card suggest I improve my health and energy levels?

Set some small, achievable health goals in the box below:



How to Create Positive Change Right Now!



Simple
Action
Steps

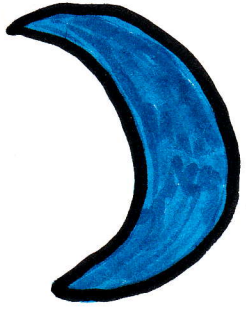
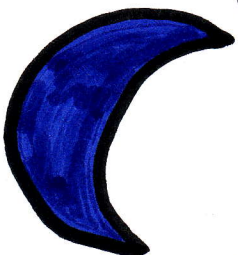
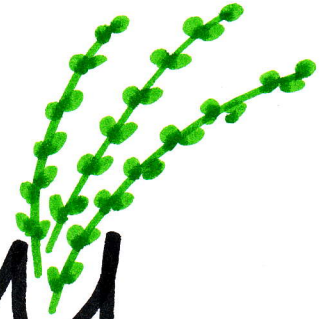




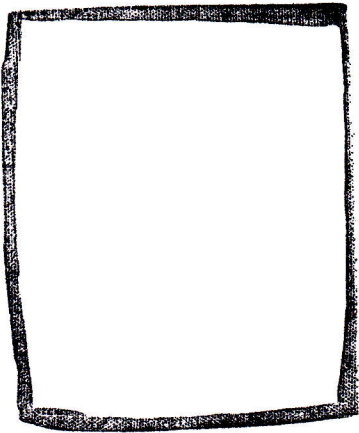
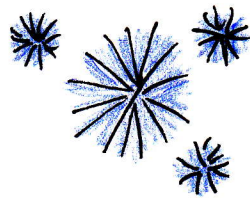




Monthly
Parrot
Journal



January



Notes:

My January Goals:

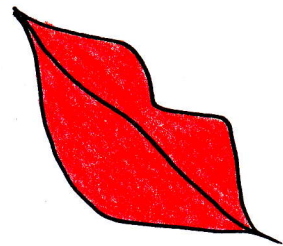


How I will use the guidance from this card in my daily life:

What do I LOVE about this card?



February

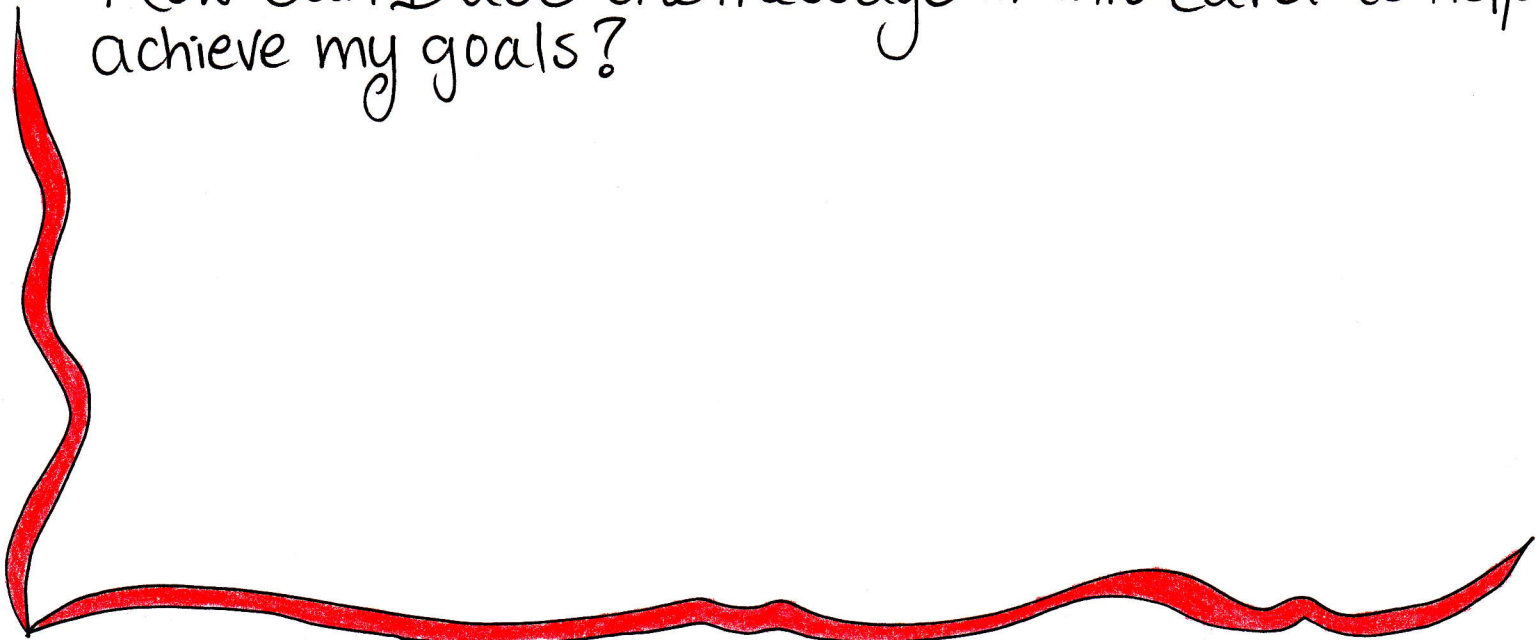


Notes:

Goals for February:



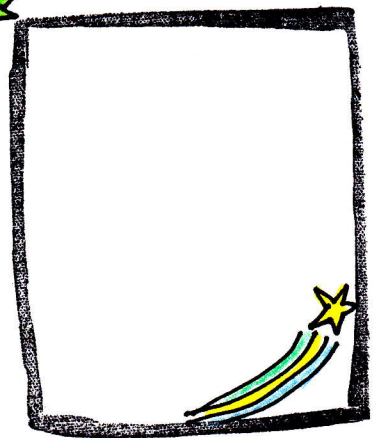
How can I use the message in this card to help achieve my goals?



March



Notes:



Goals for March:

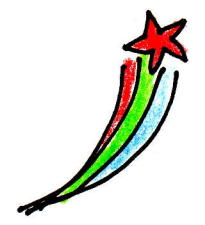




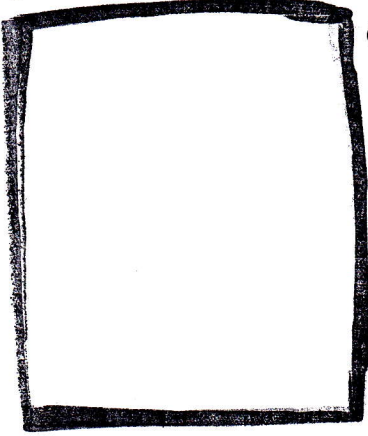
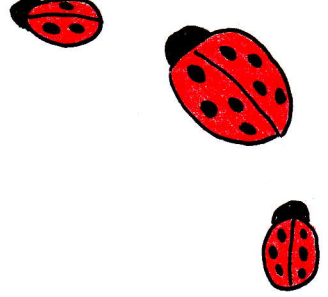


How will I use the guidance from this card to achieve my goals?

What color is most obvious in this card? What does that color mean to me?



APRIL

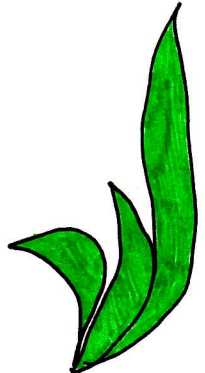
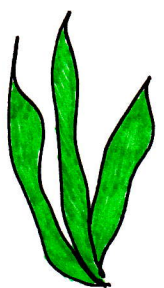


Notes:

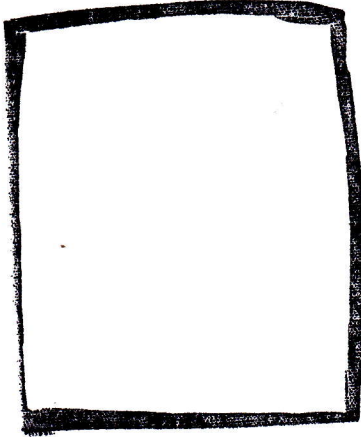
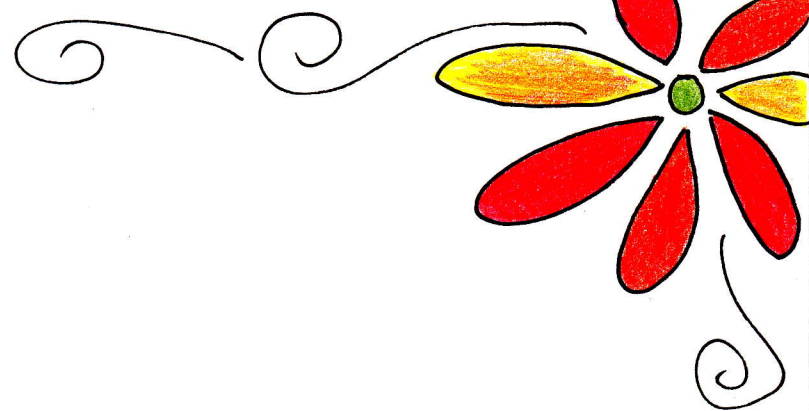
Goals for April:



How I will apply the guidance in this card:



May



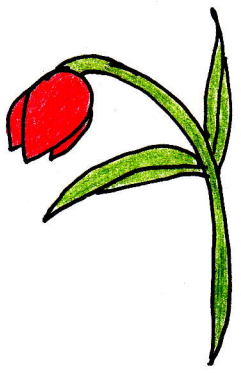
Notes:

May Goals:

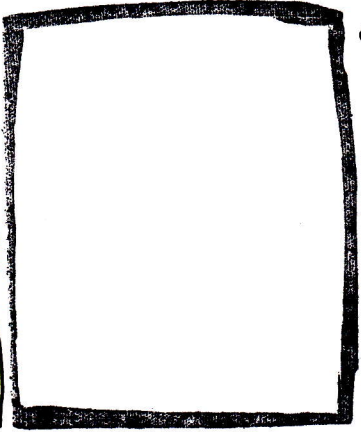


How will I use the guidance in this card?

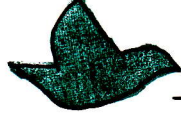
JUNE



Notes:



Goals for June:



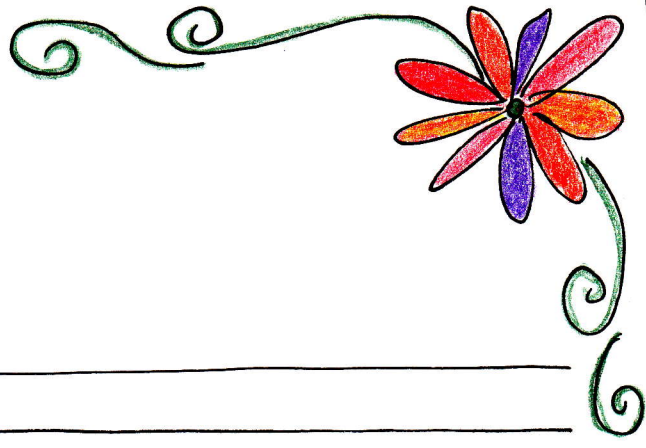




How will I use the message in this card to achieve my goals?

A large, rounded rectangular area outlined in blue, intended for writing a response to the question above.

July



Notes:

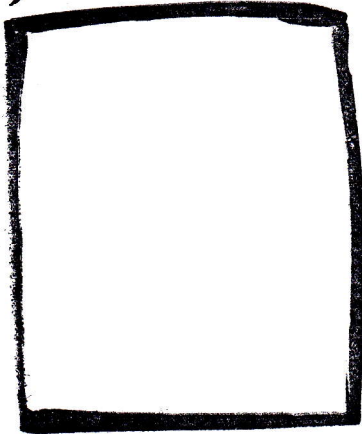
July Goals:



What advice does this card give me?

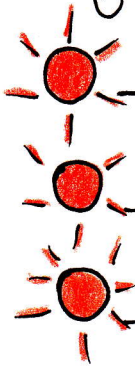


August



Notes:

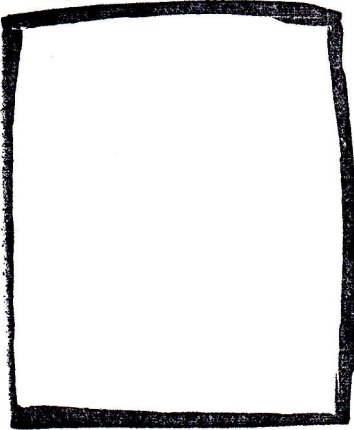
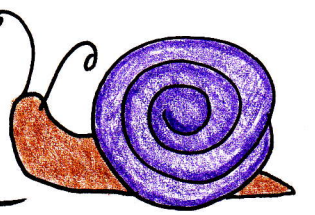
Goals for August:



How will I use this card's guidance?



September

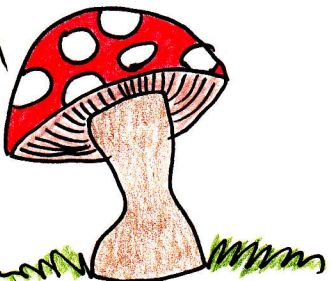


Notes:

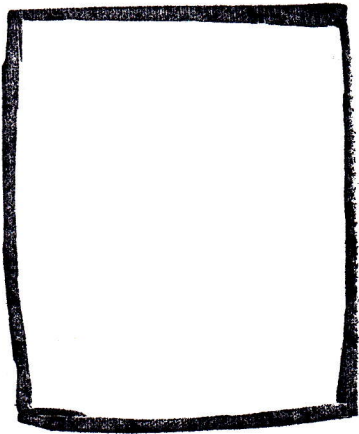
September Goals:



How can I apply this card to my life?



October

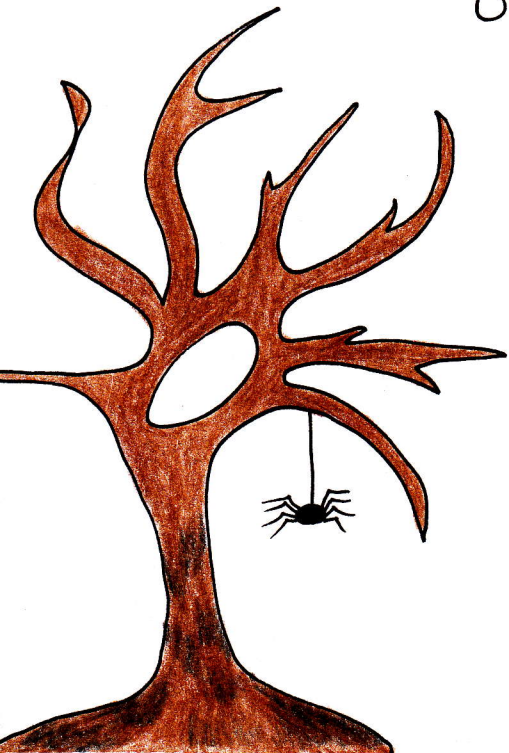


Notes:

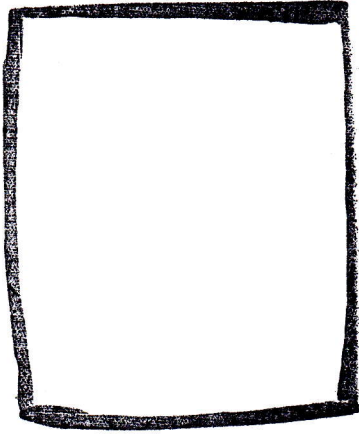
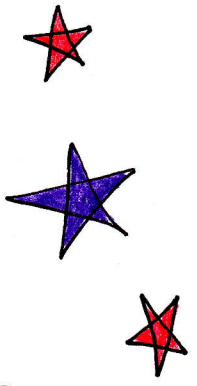
October Goals:



I will apply the wisdom from this card by...



November

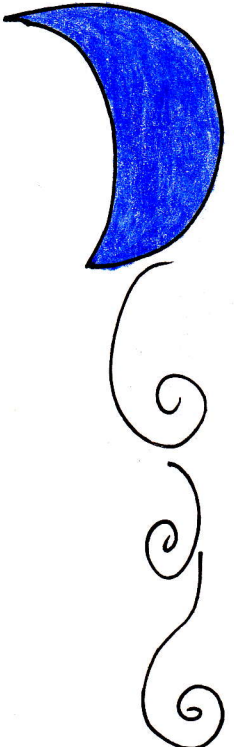


Notes:

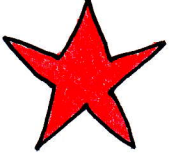
Goals for November:



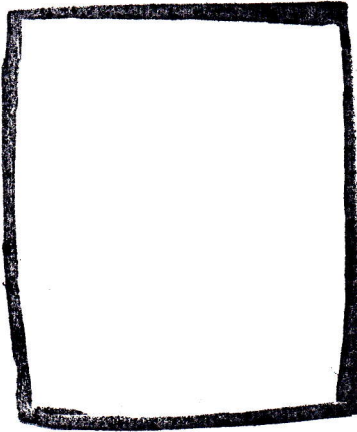
How I will apply this card to my daily life:



December



Notes:



Goals for December:



Different ways I can put this card into ACTION:

